

Laura-Rose Harrington

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SKILLS/TALENTS

- Gymnastics (Former member of the English National Squad)
- Martial Arts (Taekwondo, Weapons, MMA)
- Dance (Commercial & Contemporary)
- Cheerleading (Acrobatic)
- Skiing
- Rock climbing
- Scuba Diving (Advanced PADI Qual)

PERSONAL ATTRIBUTES

- Ethnicity: English/ Roma
- Height: 155 cm/ 5.1 ft
- Dress Size : 6/8
- Eye Colour : Brown
- Hair Colour: Black/Dark Brown

TRAINING

RMT Management	Advanced Acting Course	6 weeks (2022)
RMT Management	TV & Film Acting Audition Course	6 weeks (2022)
The Hollywood Initiative	American Accent Course	6 weeks (2022)
Type Talent	Character Improvisation	8 weeks (2022)
Type Talent	Certificate in Horror for Screen	5 weeks (2021)
Type Talent	Technical Screen Acting	5 weeks (2021)
Actors Ink	Screen Acting	10 weeks (2021)
Actors Ink	Professional Development	10 weeks (2021)
Type Talent	Tony Knight- Developing a Scene	8 weeks (2021)
Type Talent	Masterclass- Character Development	8 weeks (2021)
Actors Ink	Acting Technique Intensive	10 weeks (2021)
Type Talent	Certificate in Drama for Screen	8 weeks (2021)
Type Talent	Introduction to Acting	6 weeks (2021)
Actors Ink	Introduction to Camera	10 weeks (2020)
Type Talent	Fight Choreography for Camera	6 weeks (2021)
Nino Pilla Academy	Fight Choreography for Camera	Ongoing

EXPERIENCE

- Pride & Prejudice (Growl Theatre) Character of Jane
- Audition Tape 13 (Feature Film 2022) Character of Tanya Creek
- Breakaway (Short Film 2023) Character of Rose
- Motion Capture 2022 (Confidential) Rising Sun Pictures
- Round Trip (48 Hour Film Project 2022) Character of Grace
- Adelaide Short Play Festival (Adelaide Fringe 2022 & 2023)
- Lust or Bust (Adelaide Fringe 2022) Character of Jasmine
- LUCID (Short Film 2022) Character of Jen
- Sayonara, Amigo (Short Film 2022) Character of Jo
- Sphere (Web Series 2022) Character of Eiru
- The WOD Life (Commercial 2021) Featured Extra
- Motion Capture 2021 (Confidential) Rising Sun Pictures
- Buddy (Short Film 2021) Mount Lofty Studios, Character of Mother
- The Centre of the Universe (Short Film 2021) Character of Mary (Fleurier Film Festival Award Winner)
- The Switch (Short Film 2021) Character of Katie
- The Reality of Humanity (Web Series 2021) Silver Eye Productions, Dancer 2
- Blood Money 4 (Web Series 2021) PAG Productions, Secret Agent
- Cabaret Club Killing (Adelaide Cabaret Fringe Festival 2021) Character of Minnie-Mae